

# Understanding Oneself

## A Radically Different Approach to Living Study Retreats 2017 - 2018

Jiddu Krishnamurti



### Study Retreats 2017-18

Retreats will be held during the second weekend of every month.

From Saturday Morning to Sunday Evening.

Study Retreats are for small groups. Accomodation may have to be shared.

We serve only vegetarian food and smoking, alcohol and drugs or addictive substances are strictly prohibited on campus. The contribution to cover the cost of weekend retreats including meals and material will be Rs 1000 per participant.

“ Self knowledge is the Beginning of wisdom. To transform oneself, self knowledge is essential : without knowing what you are, there is no basis for right action and without knowing yourself there cannot be transformation.” J Krishnamurti

**“ I think it is essential to go on a retreat,  
to stop everything that you have been doing, to stop your  
beliefs and experiences completely and look at them anew,  
not keep on repeating like machines whether you  
believe or do not believe. You would then  
let in fresh air into your minds. “**



One has to find a new way of living, not theoretically but actually in our daily life, a way to live totally differently which means a total revolution in our thinking, feeling and living. Unless we discover that for ourselves as human beings, we shall never find order and peace.

What is our relationship with nature? Most of us are not aware of that relationship. We never look at a tree, or if we do, it is with a view to using that tree, either to sit in its shade, or to cut it down for lumber. In other words we look at trees with utilitarian purposes. We treat the Earth and its products in the same way. There is no love of Earth, there is only usage of Earth.



## Study Retreats 2017-18

March 11,12

April 8,9

May 13, 14

June 10,11

July 8,9

August 12,13

September 9,10

October 14,15

November 11,12

December 9,10

January 13,14

We are second hand people

What is our relationship to a flower?

Is there an end to self-interest?

Do you know that you are conditioned?

Can thought solve human problems?

What are you apart from your name, profession?

Is there security in relationship?

Why do we cling to pleasure?

What is a religious mind?

Can there be discontent without a cause?

What is it to be aware?

February 11, 2018

Annual Day

## How to reach the Retreat

Badlapur is a Railway station on the Mumbai Central Railway network. The retreat is near the village Jambhilghar and Rahtoli which are about 6 km from the station on the west side and can be reached by an autorickshaw or a bus going towards Barvi Dam.

By road if you are coming from Mumbai you can travel along the Eastern Express highway and just before Mulund take the right turn towards Airoli. After crossing Airoli you travel along the road towards Ghansoli railway station and turn left to go towards Kalyan and Sheel Phata. After Sheel phata travel further and turn right after the toll towards Ambarnath MIDC highway. From here follow the route to Badlapur east and crossover to the west. From this point you need to travel towards Barvi Dam or the Holy Writ School and you will reach Rahtoli. It takes about 1 hr 45 mins to reach from Mumbai in low traffic conditions. If you are coming for the first time contact us for help in reaching the retreat.

### Contact us at

Anand Vihar, Borad Pada Road, Jambhilghar,

Taluka Ambarnath, Dist Thane,

Maharashtra

For more info [www.jkses.org](http://www.jkses.org)

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